



## THE SUNSHINE LINK

RECORDED ACTIVITIES FOR SENIOR-CARE

### World History: The Renaissance Part 1 with Barry Torch

#### Overview:

World History activities are a chance for senior care residents to learn about historical movements and cultures that interest them. This activity is led by Historian, Barry Torch, who shares fundamental knowledge about The Renaissance in Italy. Part 1 defines The Renaissance and what good came out of it including art, architecture, and literature. If participants find this particularly interesting, they may also enjoy Part 2. which explores the darker side of the Renaissance.

Targets: cognitive stimulation, socialization, self-expression, communication.

#### Materials:

- ❑ **Images:** We recommend printing images to share with residents to enhance the learning and discussion elements of this activity. Here is a list of images you may want to search and print as well as the time stamp to pass them out for discussion.
  - ❑ 1:27 'Mia Italia'  
[petrarch.petersadlon.com/canzoniere.html?poem=128](http://petrarch.petersadlon.com/canzoniere.html?poem=128)
  - ❑ 1:43: William Shakespeare
  - ❑ 4:46: The Great Florentine Cathedral - Santa Maria Del Fiore
  - ❑ 5:44 Mona Lisa by Leonardo DaVinci
  - ❑ 6:33 St. Peter's Basilica

**Making it Meaningful:** This recording provides a lot of interesting information! We recommend pausing the recording throughout and engaging the resident(s) in discussions before learning the next interesting piece of information. One great way to do this is to pause and share handout images that may spark further discussion and

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interest at the time stamps noted above. At the end of the recording, Barry provides viewers with discussion questions to ponder. We recommend pausing after each question and receiving feedback from residents.

***WE HOPE THIS BRINGS SOME SUNSHINE TO YOUR DAY!***